

PAYSON CENTER FOR SUCCESS  
Roles Questionnaire

Student Name \_\_\_\_\_ Date \_\_\_\_\_

Instructions: Circle the number that best represents how you see yourself in the following roles. Numbers 1 and 2 mean you see yourself as being more like the word on the left. Numbers 4 and 5 mean you see yourself as being more like the word on the right. Number 3 means you see yourself as being in the middle. Please complete both sides.

How I feel about Myself as a Learner:

- |                         |   |   |   |   |   |                    |
|-------------------------|---|---|---|---|---|--------------------|
| 1. Unsuccessful         | 1 | 2 | 3 | 4 | 5 | Successful         |
| 2. Unsatisfied          | 1 | 2 | 3 | 4 | 5 | Satisfied          |
| 3. Shaky                | 1 | 2 | 3 | 4 | 5 | Sure               |
| 4. Worse than others    | 1 | 2 | 3 | 4 | 5 | Better than others |
| 5. Bored                | 1 | 2 | 3 | 4 | 5 | Stimulated         |
| 6. Aggravated w/school  | 1 | 2 | 3 | 4 | 5 | Satisfied w/school |
| 7. Poor study habits    | 1 | 2 | 3 | 4 | 5 | Good study habits  |
| 8. Weak test taker      | 1 | 2 | 3 | 4 | 5 | Strong test takes  |
| 9. Disliked by teachers | 1 | 2 | 3 | 4 | 5 | Liked by teachers  |
| 10. Angry with school   | 1 | 2 | 3 | 4 | 5 | Happy with school  |

How I feel about Myself as a Friend

- |                           |   |   |   |   |   |                        |
|---------------------------|---|---|---|---|---|------------------------|
| 1. Insecure               | 1 | 2 | 3 | 4 | 5 | Secure                 |
| 2. Criticized             | 1 | 2 | 3 | 4 | 5 | Accepted               |
| 3. Ignored                | 1 | 2 | 3 | 4 | 5 | Wanted                 |
| 4. Powerless              | 1 | 2 | 3 | 4 | 5 | Strong                 |
| 5. Friendless             | 1 | 2 | 3 | 4 | 5 | Many friends           |
| 6. Inferior               | 1 | 2 | 3 | 4 | 5 | Superior               |
| 7. Poor friendship skills | 1 | 2 | 3 | 4 | 5 | Good friendship skills |
| 8. Despised               | 1 | 2 | 3 | 4 | 5 | Loved                  |
| 9. Unpopular              | 1 | 2 | 3 | 4 | 5 | Popular                |
| 10. Ashamed               | 1 | 2 | 3 | 4 | 5 | Proud                  |

Circle the number that best represents how you see yourself in the following roles.

How I feel about Myself as a Person

1. Uncaring	1	2	3	4	5	Caring
2. Dishonest	1	2	3	4	5	Honest
3. Insensitive	1	2	3	4	5	Sensitive
4. Impatient	1	2	3	4	5	Patient
5. Unfriendly	1	2	3	4	5	Friendly
6. Unhappy	1	2	3	4	5	Happy
7. Depressed	1	2	3	4	5	Joyful
8. Rejected	1	2	3	4	5	Accepted
9. Scared	1	2	3	4	5	Confident
10. Incompetent	1	2	3	4	5	Competent

How I feel about My Physical Self

1. Not good looking	1	2	3	4	5	Very Good Looking
2. Too short	1	2	3	4	5	Tall Enough
3. Too Thin	1	2	3	4	5	Right Weight
4. Too Heavy	1	2	3	4	5	Right Weight
5. Uncoordinated	1	2	3	4	5	Good Coordination
6. Not grown up enough	1	2	3	4	5	Grown Up Enough
7. Bad complexion	1	2	3	4	5	Nice Complexion
8. Weak	1	2	3	4	5	Strong
9. Dislike my nose	1	2	3	4	5	Like my nose
10. Dislike my hair	1	2	3	4	5	Like my hair