




Elementary School
LUNCH MENU
October 2017



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OCTOBER 2ND – 6TH NO SHOOOL –FALL BREAK				
9 <u>Meat & Grain</u> Cheese or Pepperoni Pizza Grilled Cheese Sandwich Sunbutter and Jelly Sandwich	10 <u>Meat & Grain</u> Cheese Enchiladas Spaghetti and Meatballs Buffalo Chicken Wrap	11 <u>Meat & Grain</u> Loaded Nachos Chicken Sandwich Chicken Cesar Salad	12 <u>Meat & Grain</u> Cheeseburger Chicken Nuggets Classic Chef Salad	13 <u>Meat & Grain</u> Bean and Cheese Burrito Cheese or Pepperoni Pizza Turkey & Cheese Sandwich
<u>Vegetable / Fruit / Milk</u> Steamed Corn Chilled Fruit 1% or Fat Free Chocolate Milk	<u>Vegetable / Fruit / Milk</u> Refried Beans Chilled Fruit 1% or Fat Free Chocolate Milk	<u>Vegetable / Fruit / Milk</u> Steamed Green Beans Fresh Fruit 1% or Fat Free Chocolate Milk	<u>Vegetable / Fruit / Milk</u> Potato Wedges Fresh Fruit 1% or Fat Free Chocolate Milk	<u>Vegetable / Fruit / Milk</u> Steamed Broccoli Fresh Fruit 1% or Fat Free Chocolate Milk
16 <u>Meat & Grain</u> BBQ Chicken Sandwich Hot Dog Crispy Chicken Wrap	17 <u>Meat & Grain</u> Cheese or Pepperoni Pizza Chicken Sandwich Sunbutter and Jelly Sandwich	18 <u>Meat & Grain</u> Macaroni & Cheese Meatball Sub Buffalo Chicken Salad	19 <u>Meat & Grain</u> Teriyaki Chicken w/ Fortune Cookie Cheese Quesadilla American Sub	20 <u>Meat & Grain</u> Cheese or Pepperoni Pizza Cheeseburger Italian Sub
<u>Vegetable / Fruit / Milk</u> Steamed Corn Chilled Fruit 1% or Fat Free Chocolate Milk	<u>Vegetable / Fruit / Milk</u> Steamed Green Beans Chilled Fruit 1% or Fat Free Chocolate Milk	<u>Vegetable / Fruit / Milk</u> Steamed Carrot Coins Fresh Fruit 1% or Fat Free Chocolate Milk	<u>Vegetable / Fruit / Milk</u> Steamed Rice Fresh Fruit 1% or Fat Free Chocolate Milk	<u>Vegetable / Fruit / Milk</u> Steamed Broccoli Chilled Fruit 1% or Fat Free Chocolate Milk
23 <u>Meat & Grain</u> Chicken Nuggets Cheeseburger Classic Chef Salad	24 <u>Meat & Grain</u> Pasta Rotini with Meatsauce Chicken Patty Sandwich Crispy Chicken Wrap	25 <u>Meat & Grain</u> Cheese or Pepperoni Pizza Corn Dog Turkey & Cheese Sandwich	26 <u>Meat & Grain</u> Loaded Nachos BBQ Rib Sandwich Classic Chef Salad	27 <u>Meat & Grain</u> Grilled Cheese Sandwich Bean and Cheese Burrito Sunbutter and Jelly Sandwich
<u>Vegetable / Fruit / Milk</u> Potato Wedges Fresh Fruit 1% or Fat Free Chocolate Milk	<u>Vegetable / Fruit / Milk</u> Steamed Broccoli Fresh Fruit 1% or Fat Free Chocolate Milk	<u>Vegetable / Fruit / Milk</u> Steamed Green Beans Fresh Fruit 1% or Fat Free Chocolate Milk	<u>Vegetable / Fruit / Milk</u> Black Beans Fresh Fruit 1% or Fat Free Chocolate Milk	<u>Vegetable / Fruit / Milk</u> Steamed Carrot Coins Chilled Fruit 1% or Fat Free Chocolate Milk
30 <u>Meat & Grain</u> Zesty Orange Chicken Hot Dog Taco Salad	31 <u>Meat & Grain</u> Cheese or Pepperoni Pizza Chicken Patty Sandwich Crispy Chicken Salad			Students Must Select 3 out of the 5 Meal Components. One Of The 3 Components Selected, MUST Be Fruit or Vegetable
<u>Vegetable / Fruit / Milk</u> Steamed Rice Fresh Fruit 1% or Fat Free Chocolate Milk	<u>Vegetable / Fruit / Milk</u> Glazed Carrots Chilled Fruit 1% or Fat Free Chocolate Milk			MENU IS SUBJECT TO CHANGE DUE TO AVAILABILITY

"This institution is an equal opportunity provider."