



PHS LUNCH MENU

October 16th – 20th, 2017



Choices

BBQ Macaroni
Chicken Pomodoro Macaroni
Southwestern Macaroni
Cheddar Macaroni

Sides

Apple Cinnamon
Roasted Veggies **Tomato & Cucumber Salad**
Cinnamon Wheel breadstick



Monday	Chicken Philly Hot Sub Turkey & Cheese Melt
Tuesday	Ham Dinner Tuna Salad Sub
Wednesday	Beefy Mac Casserole Chicken Salad Sub
Thursday	Italian Meatball Sub Ham and Cheese Sandwich
Friday	Chicken Broccoli Stir Fry Tuscan Turkey Sub

Menu is subject to change due to Availability



Monday – Taco Salad
Tuesday – Buffalo Chicken Salad w/ WW Roll
Wednesday – Chicken BLT Salad w/Roll
Thursday – Hawaiian Chicken Salad w/ WW Roll
Friday – Chef Salad

DAILY SIDES

Monday – Steamed Green Beans Chilled Fruit
Tuesday – Mashed Potatoes/Fresh Fruit
Wednesday – Refried Beans/Fresh Fruit
Thursday – Steamed Broccoli/Fresh Fruit
Friday – Roasted Carrots/ Chilled Fruit

REMEMBER TO PICK AT LEAST 3 OUT OF THE 5 COMPONENTS AND ONE “MUST” A FRUIT OR VEGETABLE!



THIS WEEK'S DAILY SPECIALS

Handmade Cheese Pizza Served Daily

Monday – Sausage Pizza
Tuesday – Pepperoni Style Pizza
Wednesday – Pepperoni Pizza
Thursday – Pepperoni Pizza
Friday – Hawaiian Pizza

(All Pizza's are prepared on Whole Grain Pizza Crust)



THIS WEEK'S DAILY SPECIAL'S

Monday – Cheeseburger
Tuesday – BBQ Riblet Sandwich
Wednesday – Chicken Patty Sandwich
Thursday – Shred BBQ Pork Sandwich
Friday – Cheeseburger