



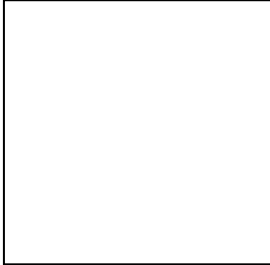
Rim Country Middle School  
**January 2018**  
 Breakfast Menu



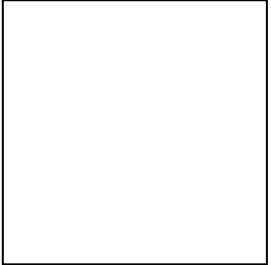
**MONDAY**



**TUESDAY**



**WEDNESDAY**



**THURSDAY**

<sup>4</sup>  
 1. Double Berry Parfait  
 2. Wild West Eggs  
 Fresh Fruit

**FRIDAY**

<sup>5</sup>  
 1. Bagelwich Sausage & Cheese  
 2. Oatmeal Chocolate Chip Breakfast Cookie  
 Fresh Fruit

**EAT GREAT! BUILD A BALANCED PLATE!!**

<sup>8</sup>  
 1. Pancake & Sausage  
 2. Trix Yogurt w/ String Cheese  
 Fresh Fruit

<sup>9</sup>  
 1. Ham & Cheesy Eggs  
 2. Bagel & Cream Cheese  
 Fresh Fruit

<sup>10</sup>  
 1. Blueberry Breakfast on a Stick  
 2. Trix Yogurt w/ String Cheese  
 Fresh Fruit

<sup>11</sup>  
 1. Sausage Breakfast Pizza  
 2. Cereal Bar w/ String Cheese  
 Fresh Fruit

<sup>12</sup>  
 1. Cini Mini's  
 2. Oatmeal Chocolate Chip Cookie  
 Fresh Fruit  
 Fresh Fruit

**Assorted Cereal w/Toast Offered Daily**

**NO SCHOOL  
MLK RECESS**

<sup>16</sup>  
 1. Sausage Breakfast Pizza  
 2. Trix Yogurt w/ String Cheese  
 Fresh Fruit

<sup>17</sup>  
 1. Pancakes & Sausage  
 2. PopTart w/ String Cheese  
 Fresh Fruit

<sup>18</sup>  
 1. Breakfast on a Stick  
 2. Cereal Bar w/ String Cheese  
 Fresh Fruit

<sup>19</sup>  
 1. Egg & Cheese Burrito  
 2. Bagel & Cream Cheese  
 Fresh Fruit

**REMEMBER TO PICK AT LEAST THREE (3) ITEMS AND ONE MUST BE ½ CUP OF FRUIT OR JUICE**

<sup>22</sup>  
 1. Blueberry Breakfast on a Stick  
 2. Trix Yogurt w/ String Cheese  
 Fresh Fruit

<sup>23</sup>  
 1. French Toast Sticks  
 2. Bagel & Cream Cheese  
 Fresh Fruit

<sup>24</sup>  
 1. Pancakes & Sausage  
 2. Trix Yogurt w/ String Cheese  
 Fresh Fruit

<sup>25</sup>  
 1. Double Berry Parfait  
 2. Wild West Eggs  
 Fresh Fruit

<sup>26</sup>  
 1. Bagelwich Sausage & Cheese  
 2. Oatmeal Chocolate Chip Breakfast Cookie  
 Fresh Fruit

**Milk: FF White – 1% White – FF Chocolate**

<sup>29</sup>  
 1. Biscuit, Ham, Egg & Cheese  
 2. Cereal Bar w/ String Cheese  
 Fresh Fruit

<sup>30</sup>  
 1. Ham & Cheesy Eggs  
 2. Bagel & Cream Cheese  
 Fresh Fruit

<sup>31</sup>  
 1. Blueberry Breakfast on a Stick  
 2. Trix Yogurt w/ String Cheese  
 Fresh Fruit



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