



Rim Country Middle School
February 2018
 Breakfast Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

¹
 1. Double Berry Parfait
 2. Wild West Eggs

 Fresh Fruit

²
 1. Bagelwich Sausage & Cheese
 2. Oatmeal Chocolate Chip Breakfast Cookie

 Fresh Fruit

EAT GREAT! BUILD A BALANCED PLATE!!

⁵
 1. Pancake & Sausage
 2. Trix Yogurt w/ String Cheese

 Fresh Fruit

⁶
 1. Ham & Cheesy Eggs
 2. Bagel & Cream Cheese

 Fresh Fruit

⁷
 1. Blueberry Breakfast on a Stick
 2. Trix Yogurt w/ String Cheese

 Fresh Fruit

⁸
 1. Sausage Breakfast Pizza
 2. Cereal Bar w/ String Cheese

 Fresh Fruit

⁹
 1. Cini Mini's
 2. Oatmeal Chocolate Chip Cookie

 Fresh Fruit
 Fresh Fruit

Assorted Cereal w/Toast Offered Daily

¹²
 1. Blueberry Breakfast on a Stick
 2. Trix Yogurt w/ String Cheese

 Fresh Fruit

¹³
 1. Sausage Breakfast Pizza
 2. Trix Yogurt w/ String Cheese

 Fresh Fruit

¹⁴
 1. Pancakes & Sausage
 2. PopTart w/ String Cheese

 Fresh Fruit


¹⁵
 1. Breakfast on a Stick
 2. Cereal Bar w/ String Cheese

 Fresh Fruit

¹⁶
 1. Egg & Cheese Burrito
 2. Bagel & Cream Cheese

 Fresh Fruit

REMEMBER TO PICK AT LEAST THREE (3) ITEMS AND ONE MUST BE ½ CUP OF FRUIT OR JUICE

¹⁹
NO SCHOOL


²⁰
 1. French Toast Sticks
 2. Bagel & Cream Cheese

 Fresh Fruit

²¹
 1. Pancakes & Sausage
 2. Trix Yogurt w/ String Cheese

 Fresh Fruit

²²
 1. Double Berry Parfait
 2. Wild West Eggs

 Fresh Fruit

²³
 1. Bagelwich Sausage & Cheese
 2. Oatmeal Chocolate Chip Breakfast Cookie

 Fresh Fruit

Milk: FF White – 1% White – FF Chocolate

²⁶
 1. Biscuit, Ham, Egg & Cheese
 2. Cereal Bar w/ String Cheese

 Fresh Fruit

²⁷
 1. Ham & Cheesy Eggs
 2. Bagel & Cream Cheese

 Fresh Fruit

²⁸
 1. Blueberry Breakfast on a Stick
 2. Trix Yogurt w/ String Cheese

 Fresh Fruit

PAYSON UNIFIED School District
