



Payson High School

FEBRUARY 2018

Breakfast Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



PAYSON UNIFIED
School District

1. Double Berry Parfait
 2. Wild West Eggs
- Fresh Fruit

2. 1. Bagelwich Sausage & Cheese
 2. Oatmeal Chocolate Chip Breakfast Cookie
- Fresh Fruit

We can't make students smarter but with improved nutrition and physical activity, we can put a better student in the chair. Robert Murray MD

5. 1. Pancake & Sausage
 2. Trix Yogurt w/ String Cheese
- Fresh Fruit

6. 1. Ham & Cheesy Eggs
 2. Bagel & Cream Cheese
- Fresh Fruit

7. 1. Blueberry Breakfast on a Stick
 2. Trix Yogurt w/ String Cheese
- Fresh Fruit

8. 1. Sausage Breakfast Pizza
 2. Cereal Bar w/ String Cheese
- Fresh Fruit

9. 1. Cini Mini's
 2. Oatmeal Chocolate Chip Cookie
- Fresh Fruit

Assorted Cereal w/Toast Offered Daily

12. 1. Blueberry Breakfast on a Stick
 2. Trix Yogurt w/ String Cheese
- Fresh Fruit

13. 1. Sausage Breakfast Pizza
 2. Trix Yogurt w/ String Cheese
- Fresh Fruit

14. 1. Pancakes & Sausage
 2. PopTart w/ String Cheese
- Fresh Fruit

15. 1. Breakfast on a Stick
 2. Cereal Bar w/ String Cheese
- Fresh Fruit

16. 1. Egg & Cheese Burrito
 2. Bagel & Cream Cheese
- Fresh Fruit

REMEMBER TO PICK AT LEAST THREE (3) ITEMS AND ONE MUST BE ½ CUP OF FRUIT OR JUICE

NO SCHOOL

20. 1. French Toast Sticks
 2. Bagel & Cream Cheese
- Fresh Fruit

21. 1. Pancakes & Sausage
 2. Trix Yogurt w/ String Cheese
- Fresh Fruit

22. 1. Double Berry Parfait
 2. Wild West Eggs
- Fresh Fruit

23. 1. Bagelwich Sausage & Cheese
 2. Oatmeal Chocolate Chip Breakfast Cookie
- Fresh Fruit

Milk: FF White – 1% White – FF Chocolate

26. 1. Biscuit, Ham, Egg & Cheese
 2. Cereal Bar w/ String Cheese
- Fresh Fruit

27. 1. Ham & Cheesy Eggs
 2. Bagel & Cream Cheese
- Fresh Fruit

28. 1. Blueberry Breakfast on a Stick
 2. Trix Yogurt w/ String Cheese
- Fresh Fruit

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