



# RCMS LUNCH MENU



Feb 19<sup>th</sup> – Feb 23<sup>rd</sup>, 2018

REMEMBER TO PICK AT LEAST 3 OUT OF THE 5 COMPONENTS AND ONE "MUST" BE A FRUIT OR VEGETABLE!



## THIS WEEK'S DAILY SPECIALS

**Monday** –

**Tuesday** – Chicken Caesar Wrap

**Wednesday** – Crispy Chicken Wrap

**Thursday** – Club Wrap

**Friday** – Buffalo Chicken Wrap

**OFFERED DAILY:** \* Sun butter & Jelly and Turkey & Cheese on WW Bread Offered Daily.

*(All Grains Offered are Whole Grain Rich)*



## Daily Special

**Monday**

NO SCHOOL

**Tuesday**

Peperoni Stromboli

**Wednesday**

Chicken Nuggets

**Thursday**

Chicken Alfredo Pasta

**Friday**

Chicken Fajitas

*Served with fresh vegetables daily*



**Monday** –

**Tuesday** – Soft or Hard Tacos

**Wednesday** – Bean & Cheese

**Thursday** – Cheese Enchiladas

**Friday** – Chili Fritos



**Monday** –

**Tuesday** – Chicken Caesar Salad

**Wednesday** – Crispy Chicken Salad

**Thursday** – Taco Salad

**Friday** – Buffalo Chicken Salad



## THIS WEEK'S DAILY SPECIAL'S

*Scratch Cheese Pizza Served Daily*

**Monday** –

**Tuesday** – Hawaiian Pizza

**Wednesday** – Pepperoni Pizza

**Thursday** – Supreme Pizza

**Friday** – Buffalo Chicken Pizza

*(All Pizza's are prepared on Whole Grain Pizza Crust)*



## THIS WEEK'S DAILY SPECIAL'S

**Monday** –

**Tuesday** – Cheeseburger

**Wednesday** – Spicy Chicken Sandwich

**Thursday** – Chicken Sandwich

**Friday** – Bacon Cheeseburger

*Menu is subject to change due to Availability*