



RCMS LUNCH MENU



April 23rd – April 27th, 2018

REMEMBER TO PICK AT LEAST 3 OUT OF THE 5 COMPONENTS AND ONE "MUST" BE A FRUIT OR VEGETABLE!



THIS WEEK'S DAILY SPECIALS

Monday – Chipotle Lime Southwest Wrap

Tuesday – Chicken Caesar Wrap

Wednesday – Crispy Chicken Wrap

Thursday – Club Wrap

Friday – Buffalo Chicken Wrap

OFFERED DAILY: * Sun butter & Jelly and Turkey & Cheese on WW Bread Offered Daily.

(All Grains Offered are Whole Grain Rich)



Daily Special

Monday

Chicken Nuggets

Tuesday

Peperoni Stromboli

Wednesday

Turkey and Gravy

Thursday

Chicken Alfredo Pasta

Friday

Chicken Fajitas

Served with fresh vegetables daily



Monday – Fiesta Nachos

Tuesday – Bean & Cheese Burrito

Wednesday – Fiesta Nachos

Thursday – Cheese Enchiladas

Friday – Chili Fritos



Monday – Classic Chef Salad

Tuesday – Chicken Caesar Salad

Wednesday – Crispy Chicken Salad

Thursday – Taco Salad

Friday – Buffalo Chicken Salad



THIS WEEK'S DAILY SPECIAL'S

Scratch Cheese Pizza Served Daily

Monday – Pepperoni Pizza

Tuesday – Hawaiian Pizza

Wednesday – Pepperoni Pizza

Thursday – Supreme Pizza

Friday – Buffalo Chicken Pizza

(All Pizza's are prepared on Whole Grain Pizza Crust)



THIS WEEK'S DAILY SPECIAL'S

Monday – BBQ Chicken Sandwich

Tuesday – Cheeseburger

Wednesday – Spicy Chicken Sandwich

Thursday – Chicken Sandwich

Friday – Bacon Cheeseburger

Menu is subject to change due to Availability