



Payson High School

April 2018

Breakfast Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2

1. Cini Minis
2. Trix Yogurt w/ String Cheese

Fresh Fruit

3

1. Pancake and Ham
2. Bagel & Cream Cheese

Fresh Fruit

4

1. Sausage Breakfast Pizza
2. Trix Yogurt w/ String Cheese

Fresh Fruit

5

1. Double Berry Parfait
2. Bagel & Cream Cheese

Fresh Fruit

6

1. Biscuit, Ham, Egg & Cheese
2. Cereal Bar w/ String Cheese

Fresh Fruit

We can't make students smarter but with improved nutrition and physical activity, we can put a better student in the chair. Robert Murray MD

9

1. Blueberry Breakfast on a Stick
2. Trix Yogurt w/ String Cheese

Fresh Fruit

10

1. Mini French Toast
2. Bagel & Cream Cheese

Fresh Fruit

11

1. Pancakes & Sausage
2. Trix Yogurt w/ String Cheese

Fresh Fruit

12

1. French Toast Sticks
2. Cereal Bar w/ String Cheese

Fresh Fruit

13

1. Sausage Breakfast Pizza
2. Breakfast Oatmeal Chocolate Chip Cookie

Fresh Fruit

Assorted Cereal w/Toast Offered Daily

16

1. Biscuit, Ham, Egg & Cheese
2. Cereal Bar w/ String Cheese

Fresh Fruit

17

1. Pastry, Mini Cini's
2. Trix Yogurt w/ String Cheese

Fresh Fruit

18

1. Pancakes & Sausage
2. PopTart w/ String Cheese

Fresh Fruit

19

1. Chocolate Chip French Toast Mini's
2. Cereal Bar w/ String Cheese

20

1. Breakfast on a Stick
2. Bagel & Cream Cheese

Fresh Fruit

REMEMBER TO PICK AT LEAST THREE (3) ITEMS AND ONE MUST BE ½ CUP OF FRUIT OR JUICE

23

1. Blueberry Breakfast on a Stick
2. Trix Yogurt w/ String Cheese

Fresh Fruit

24

1. Double Berry Parfait
2. Bagel & Cream Cheese

Fresh Fruit

25

1. Pancakes & Sausage
2. Trix Yogurt w/ String Cheese

Fresh Fruit

26

1. French Toast Sticks
2. Cereal Bar w/ String Cheese

Fresh Fruit

27

1. Sausage Breakfast Pizza
2. Breakfast Oatmeal Chocolate Chip Cookie

Fresh Fruit

Milk: FF White – 1% White – FF Chocolate

30

1. Cini Minis
2. Trix Yogurt w/ String Cheese

Fresh Fruit

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